# Field Guide

## **Oysters**

from A Field Guide to North American Haiku<sup>1</sup> by Charles Trumbull

#### La luna

#### The Moon

Es mar la noche negra; la nube es una concha, la luna es una perla ...

A sea is the black night the cloud is a seashell the moon is a pearl ...

José Juan Tablada

Trans. C. Trumbull<sup>2</sup>

### Finding Haiku in Oysters

The oyster is a bivalve mollusk that thrives in marine or brackish water, typically bays and estuaries. Oysters have been a nutritious, plentiful, and staple food in coastal areas around. the world since ancient times. They have been cultivated in China and Japan since at least 2000 B.C., in England and France since Roman times, and in Australia and along the American Atlantic coast from the late 1880s.

The Japanese haiku tradition recognize many terms related to Crassostrea gigas (牡蠣, kaki) the giant Pacific oyster, as kigo, nearly all of them appropriate for winter. Most deal with the harvesting and consumption of the humble mollusk. A few selected examples<sup>3</sup>:

Pacific or Japanese oysters; "true" oysters 真牡蠣 magaki "flowers of the rocks" oyster shells

岩花 kaki 牡蠣殼 kakigara gathering oysters cracking oysters open breaking oysters open peeling oysters

women oyster shuckers

boiled rice with oysters rice gruel with oysters oysters marinated in vinegar oysters fried on the beach deep fried oysters

first oysters of the season (a late autumn kigo)

牡蠣採 kakitori 牡蠣打 kaki uchi 牡蠣割る kakiwaru 牡蠣むく kaki muku

牡蠣割女 kakiwari me

牡蠣飯 kakimeshi 牡蠣雑炊 kaki zoosui 酢牡蠣 sugaki 牡蠣どて焼 kaki doteyaki 牡蠣フライ kaki furai

初牡蠣 hatsugaki, hatsu kaki

In preparing this article, however, we found relatively few oyster haiku in Japanese. There are one or two each by the classical poets Bashō, Buson, and Issa, none by Chiyo-ni, and a small handful by Shiki. Twentieth-century Japanese poets have been somewhat more productive.

Bashō, however, had an interesting take on the oyster: he was concerned with their weight in their shells, as made clear in this haiku:

牡蠣よりは海苔をば老の売りもせで kaki yori wa nori o-ba oi no uri mo se de

Dried seaweed rather than heavy oysters, he should Vend in his old age.

Bashō / trans. Oseko Toshiharu<sup>4</sup>

As an important aspect of life and nutrition in the East and West from ancient times, oysters have had significance in mythology, religion, and culture in many areas:

[The oyster represents] the womb, the creative power of the feminine watery principle and cosmic life; it is the power of the waters, lunar — 'the sacredness of the moon' — and in Chinese symbolism the yin and fertility. Its closed form makes it a natural symbol of secrecy — 'as close as an oyster' [said of Dickens's Scrooge]. In Christianity it represents the Old and New Testaments joined in the Bible, creating pure pearls of divine truth [e.g., "pearl of great price" and not casting "pearls before swine."] The Bestiaries say that the oyster is tricked by the crab, which inserts a pebble in the oyster when open and thus cheats the oyster's innocence, just as the Devil does with people.<sup>5</sup>

In Shakespeare's The Merry Wives of Windsor, Falstaff is told, "the world's mine oyster, which I with sword will open," meaning essentially "I have limitless opportunities, though success may be difficult."

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Western haiku poets, however, have paid little attention to most of these traditional antecedents. Of much greater interest to them are oyster ecology, farming and eating the mollusks, and the pearls they produce.

The Private Life of an Oyster

岩黝く憂愁の牡蠣うすびやかる iwa kuroku yūshūu no kaki usubikaru

The rocks are dark and a melancholy oyster faintly gleams.

Tomizawa Kakio / trans. Makoto Ueda<sup>6</sup>

While the oyster lacks a brain, it has been suggested that they can have cognitive, intellectual, and ethical capabilities and that these might serve as some sort of metaphor for us humans. Bashō wrote of an octopus's dreams, so why not another mollusk?

まだ夢を見てゐる牡蠣を食ひにけり mada yume o miteiru kaki o kuinikeri

I eat an oyster it is still dreaming

Seki Etsushi / trans. Fay Aoyagi<sup>7</sup>

dreaming in another language an oyster dies beside an oyster

Scott Terrill<sup>8</sup>

Are they capable of telling the truth?

lifetime of lies the last breathable air inside an oyster

paul m.9

Can oysters communicate with one another?

beneath the waves the pearled words of oysters

Gregory Longenecker<sup>10</sup>

In one of his "bifids," George Swede invites readers to make long associative leap:

oyster

space

George Swede<sup>™</sup>

David J Kelly advances the long view:

pearls before time sediment swirls through the oyster bed

David J Kelly<sup>12</sup>

and Robert Epstein offers another provocative speculation:

could it be so the afterlife a pearl

Robert Epstein<sup>13</sup>

## Oysters as an Aphrodisiac

Back down at sea level, the website of an oyster bar in Houston, Texas, addresses one of the more intriguing beliefs about oysters: One of the most enduring myths surrounding oysters revolves around their reputation as an aphrodisiac. This belief dates back to ancient times when people observed that consuming oysters seemed to spark heightened desire and passion. This association likely stems from the oyster's rich nutritional profile, containing zinc, amino acids, and certain hormones that might indirectly support a healthy libido. While scientific evidence is inconclusive regarding their direct aphrodisiac effects, the myth persists, woven into the fabric of romantic tales and culinary lore.<sup>14</sup>

Always at the ready, haiku poets take up the challenge:

first date eating the oysters he used to hate

Carol Raisfeld<sup>15</sup>

she loves me not shucking oysters

Gregory Piko<sup>16</sup>

oyster bar the aftertaste of fertility

Lee Gurga<sup>17</sup>

raw oysters she remembers her first time

Genie Nakano<sup>18</sup>

honeymoon the largest oysters on the menu

Agnes Eva Savich<sup>19</sup>

fresh oysters she remembers her first husband

Stephen Addiss<sup>20</sup>

oyster omelet I break an extra egg for the fetus

Emiko Miyashita<sup>21</sup>

牡飯冷えたりいつもの細君 kaki-meshi hie-tari itsumo no saikun

Oyster stew has become cold same old wife of mine.

Kawahigashi Hekigodō / trans. Makoto Ueda<sup>22</sup>

Then too, powdered pearls are sometimes used as a love potion.

While all this may be true, I believe it is the suggestive appearance and texture of a raw oyster in its shell that evokes the erotic associations of the mollusk.

"They're not all the same" says the gynecologist eating oysters.

Alan Pizzarelli<sup>23</sup>

Or more graphically:

Flower of your flesh Within its tender petals lies a hidden pearl

Denis Thériault<sup>24</sup>

The *Urban Dictionary* informs me that "shucking oysters" is slang for taking girls' virginity.<sup>25</sup>

### Oysters as a Delicacy

In the old days in the Northern Hemisphere, wild (i.e., not farmed) oysters were to be consumed only in months containing the letter "R" (September through April) lest one invite severe gastrointestinal problems.

### Eat Oysters at a Risk

Chuckled a mollusk to his brother, "One of us has salmonella — shall we let them guess?"

J. Merrick Fowler<sup>26</sup>

This is not as great a concern in modern times since most oysters are farmed under controlled environmental conditions.

Preparing oysters for the table may require a bit of work:

setting sun —
a shucker's knife
at the oyster's hinge

Alan S. Bridges<sup>27</sup>

after the dentist prying open the oyster

Bill Pauly<sup>28</sup>

mother's secrets ...
I prise open
a dozen oysters

Lorin Ford<sup>29</sup>

Feasting on oysters is often associated, especially in Japan, with January and the New Year:

first laughter ... she offers him oysters

Stella Pierides<sup>30</sup>

Oysters are typically consumed together with saké, especially by those with discriminating palates. The results are perhaps predictable:

### 牡蠣船の搖るると知らず酔ひにけ

kaki bune no yururu to shirazu yoi ni keri

I got drunk without realizing the oyster boat was rocking

Yoshida Tōyō / trans. C. Trumbull<sup>31</sup>

## 牡蠣汁や居續けしたる二日醉

kaki-jiru ya kyo tsudzuki keshitaru futsuka yo

oyster soup on a two-day drunk

Masaoka Shiki / trans. C. Trumbull<sup>32</sup>

The rationale for drinking copious amounts with oysters may be different in North America, but the outcome is likely similar:

Oyster Festival black beer drunk by the gallon helps dull the taste

Pat Benedict Campbell<sup>33</sup>

Or more seriously, some poets suggest a causal link between the high life of oyster-eaters and social dysfunction:

> city in tumult against a backdrop of snow martinis and oysters

> > Ash Evan Lippert<sup>34</sup>

Other haikuists wax poetic, positively or negatively, about the sensation of eating oysters and things it reminds them of:

牡蠣噛めば窓なき部屋のごときかな kaki kameba mado naki heya no gotoki kana

chewing an oyster it's like a room without windows

Satō Ayaka / trans. Fay Aoyagi<sup>35</sup>

Some diners may be concerned that oysters serve on the half shell are still alive:

oyster hearts still beating in the half-shell winter sea

Stephanie Baker<sup>36</sup>

More often, though, eating oysters is simply an occasion for joyful celebration:

asahi no naka de namagaki tabete no ni kurasu

In the rising sun eating a few oysters ... just being alive on this earth!

Kaneko Tohta<sup>37</sup>

### Oyster Shells

The shells of oysters are more than a mere byproduct. Some species are bred especially for the beauty of their shells. In terms of color and luster, for example, oyster shells remind haiku poets of the Moon:

full moon all the curves in an oyster shell

Andrea Grillo<sup>38</sup>

promising nothing more than a walk by the sea ... oyster shell moon

Francine Banwarth<sup>39</sup>

And the shells can have metaphoric overtones:

a grain of sand in the oyster shell seven year itch

Leah Ann Sullivan<sup>40</sup>

dinner for two between our silence the oyster shells

Fay Aoyagi41

eating the oyster i set its shell adrift a trip to Oki Isle

Dhugal Lindsay<sup>42</sup>

or other strange things:

草原に思いが到る牡蠣の殻 sōgen ni omoi ga itaru kaki no kara

They make me think of a grassy meadow — oyster shells

Tanuma Fumio / trans. Modern Haiku Association<sup>43</sup>

Oyster shells have practical uses, for example for paving:

light rain the rising scent of an oyster shell trail

Bill Cooper<sup>44</sup>

Supper-time the crunch of oyster shells on the old swamp path ...

Roberta Stewart<sup>45</sup>

a doe's leap darkens the oyster shell road twilight

Peggy Willis Lyles<sup>46</sup>

And, of course, they are the source of mother-of-pearl (aka nacre), much valued for decorative and craft work:

うめ散や螺鈿こぼる > 卓の上 ume chiru ya raden koboruru shoku no ue

inlaid mother-of-pearl all over the table fallen plum flowers

Buson / trans. W.S. Merwin and Takako Lento<sup>47</sup>

A keepsake mother-of-pearl comb hair getting thin

Satō Yuko<sup>48</sup>

white plum blossoms — mother-of-pearl on the Korean chest gathers the dawn

Emiko Miyashita<sup>49</sup>

and can have metaphoric meanings too:

first affair under a mother of pearl moon

Raymond Roseliep<sup>50</sup>

#### Pearls

Without venturing too deeply into the topic, it seems important to share a few haiku about pearls, the incidental but highly prized product of the pearl oyster, a different family from the true oyster.

The pearl verses selected here make mention of the oyster. Note too that all are by women poets and most have a feminine, not to say feminist, significance.

The soul ... a pearl in an oyster resting on the ocean floor.

Dorothy Mitchell Bechhold<sup>51</sup>

surfacing with a pearl oyster — new moon

Lorin Ford<sup>52</sup>

pearl in the oyster I release

Sabine Miller<sup>53</sup>

Pearl of the oyster shell after the pearl

Peggy Willis Lyles<sup>54</sup>

an asian girl shucking oysters pearls at her throat

Gloria H. Procsal<sup>55</sup>

shucking oysters — the moon reflected in a pearl

Hortensia Anderson<sup>56</sup>

oyster pearls finding myself again after motherhood

Christina Sng<sup>57</sup>

# 核入れの女貝かなしもそぞろ寒

kakuire no megai kanashimo sozorozamu

Planting a pearl seed into a helpless she-oyster early autumn chill

> Yoshino Yoshiko / trans. Lee Gurga and Emiko Miyashita<sup>58</sup>

There are hundreds more "pearl" haiku in English, but that's a topic for another day and another Field Guide episode.

- A Field Guide to North American Haiku is a long-term project along the lines of a haiku encyclopedia-cum-saijiki, a selection of the best haiku in English arranged by topic and illustrating what it is about a given topic that attracts poets to write. When complete, the Field Guide project will comprise multiple thick volumes keyed to the several topics in traditional Japanese saijiki (haiku almanacs) and Western counterparts, notably William J. Higginson's Haiku World: An International Poetry Almanac (1996). These topics are Season, Sky & Elements, Landscape, Plants, Animals, Human Affairs, and Observances. The haiku in this essay are taken from my Haiku Database, currently containing more than 586,000 entries, and selected from about 700 haiku about oysters, pearls, and related topics. Critique and suggestions of this article or the Field Guide project are warmly invited; please comment by email to optrumbull\at\comcast.net.
- <sup>2</sup> Tablada, Spanish from *El rincón de haiku* website (accessed June 2001); English from Charles Trumbull, "One Hundred Bridges, One Hundred Traditions in Haiku," *Modern Haiku* 41:2 (Summer 2010).
- <sup>3</sup> From Gabi Greve, ed., "Oysters," World Kigo Database, posted March 25, 2006.
- <sup>4</sup> Jane Reichhold, in her *Basho: The Complete Haiku* (2008), seems to get it back ward: "it is oysters / not dried seaweed one should sell / when one is old."
- <sup>5</sup> J. C. Cooper, Dictionary of Symbolic & Mythological Animals (Glasgow, U.K.: Thorsons (HarperCollins), @1992), 183.
- <sup>6</sup> Tomizawa, in Makoto Ueda, *Modern Japanese Haiku: An Anthology* (1976).
- <sup>7</sup> Seki, in Shinsen 21 (December 2009) / Aoyagi trans. in Roadrunner X:1 (2010).
- <sup>8</sup> Terrill, in Notes from the Gean 4:1 (June 2011).
- <sup>9</sup> paul m., in *Roadrunner* IX:3 (August 2009).
- <sup>10</sup> Longenecker, in *Tinywords* 17:1 (April 6, 2017).
- <sup>11</sup> Swede, Bifids (1984).
- 12 Kelly, Small Hadron Divider: Haiku (2020).
- <sup>13</sup> Epstein, Preface, *Haiku Forest Afterlife* (2014).
- <sup>14</sup> Tommy's Restaurant & Oyster Bar website: https://tommys.com/blog/three-myths-about-oysters/.
- <sup>15</sup> Raisfeld, photo-haiku in *Prune Juice* 28 (July 2019).
- <sup>16</sup> Piko, 6th Annual H. Gene Murtha Memorial Senryu Contest, 2021, Highly Commended.
- <sup>17</sup> Gurga, in Mariposa 47 (Autumn–Winter 2022).
- <sup>18</sup> Nakano, in Michael Dylan Welch and William Hart, eds., Close to the Wind (Haiku North America 2013 conference anthology).
- <sup>19</sup> Savich, in Kingfisher 2 (2020).
- <sup>20</sup> Addiss, in South by Southeast 6:3 (1999).
- <sup>21</sup> Miyashita, in *Tundra* 2 (2001).
- <sup>22</sup> Hekigodō, in Makoto Ueda, comp. and trans., *Modern Japanese Haiku: An Anthology* (1976).
- <sup>23</sup> Pizzarelli, in *Frozen Socks* (2015).

- <sup>24</sup> Thériault, *Postman's Round* (2008).
- <sup>25</sup> https://www.urbandictionary.com/define.php?term=Shucking%20the%20oys ter.
- <sup>26</sup> Fowler, in *Parnassus Literary Journal* 20:4 (Winter 1996).
- <sup>27</sup> Bridges, in Acorn 37 (Fall 2016).
- <sup>28</sup> Pauly, HPNC San Francisco International Senryu Contest 2007, First Place.
- <sup>29</sup> Ford, FreeXpresSion Haiku Competition, 2014, First Place.
- <sup>30</sup> Pierides, in *Shiki Internet Kukai*, January 2014.
- <sup>31</sup> Translated from the Japanese and a German version by Satō Kihakusō on http://wwwoo8.upp.so-net.ne.jp/kihakuso/html/o4sai/ #4.-4–186 (no longer accessible): "Das Schiff für die Auster schaukelt, / das kannt' (ich) nicht, / dann seekrank."
- <sup>32</sup> Matsuyama Municipal Shiki-Kinen Museum, Shiki haiku database, Winter 3619.
- <sup>33</sup> Campbell, in Asahi Haikuist Network, July 15, 2016.
- <sup>34</sup> Lippert, in Suspect Device, June 2022.
- <sup>35</sup> Satō, in Fay Aoyagi, ed., Blue Willow Haiku World, December 27, 2009.
- <sup>36</sup> Baker, in *Acorn* 44, Spring 2020.
- <sup>37</sup> Review of *Tōta*, *Cet été-là*, *j'étais soldat* (2018) original French translation by Seegan Mabesoone, English version probably by Gilles Fabre, Seashores 1 (October 2018). Original Japanese not found.
- <sup>38</sup> Grillo, in *Presence* 34 (January 2008).
- <sup>39</sup> Banwarth, in *Acorn* 21 (Fall 2008).
- <sup>40</sup> Sullivan, in Shiki Internet Kukai, June 2008.
- <sup>41</sup> Aoyagi, in *Geppo* 21:2 (1999).
- <sup>42</sup> Lindsay, Per Diem Archive (theme: Trends), THF website, 2011.
- <sup>43</sup> Tanuma, in *Modern Haiku Association*, Japanese Haiku 2001.
- <sup>44</sup> Cooper, The Fingertips of a Glassblower (2016).
- <sup>45</sup> Stewart, in Modern Haiku 7:2 (May 1976).
- <sup>46</sup> Lyles, To Hear the Rain (2002).
- <sup>47</sup> Japanese from *Buson haikushū* (1935); English from Merwin and Lento, *Collected Haiku of Yosa Buson* (2013).
- <sup>48</sup> Satō, in HI (Haiku International) 123 (March 2016). Japanese not found.
- <sup>49</sup> Miyashita, in *The Heron's Nest* 4:4 (April 2002).
- 5º Roseliep, from the sequence "Beneath the Visiting Moon—Shakespeare," High/ Coo 4:15 (February 1980).
- <sup>51</sup> Bechhold, in *Modern Haiku* 2:1 (Winter 1970).
- <sup>52</sup> Ford, in Simply Haiku 6:3 (Summer 2008).
- <sup>53</sup> Miller, in *Roadrunner* VII:4 (November 2007).
- 54 Lyles, in Wind Chimes 7 (Winter 1983).
- <sup>55</sup> Procsal, in Haiku Quarterly (Arizona) 1:2 (Summer 1989).
- <sup>56</sup> Anderson, in Mainichi Haiku in English, February 29, 2012.
- <sup>57</sup> Sng, in Wild Plum Haiku Contest 2017, Honorable Mention.
- <sup>58</sup> Yoshino, *Tsuru* (2001).